

To view this newsletter in a browser, visit:  
<http://listserv.sc.edu/wa.cgi?A2=NUTRNEWS;f89b2056.1611p>



UNIVERSITY OF  
**SOUTH CAROLINA**  
Arnold School of Public Health  
Center for Research in Nutrition & Health Disparities

**Nutrition Center Newsletter: Fall 2016**

**Enhanced nutrition and health disparities research synergy**

## **Second Annual End Child Hunger SC Week** ([Back to Top](#))

Child Hunger Week SC Hoped to Unveil Hunger Needs Close to Home



End Child Hunger SC recently celebrated the second annual End Child Hunger SC week on October 22nd through October 29th. The week was proclaimed in six locations double the number from the previous year. The following areas celebrated the week: City of Columbia, City of Newberry, Town of Hilton Head, Town of Irmo, Lexington County, and Richland County. The purpose of this week is to raise awareness about the issue of child hunger and provide the community opportunities to actively fight child hunger.

Multiple events were held through the six locations that participated. Events included a We Can Do It storytime hosted by Richland County Public Library, a family literacy and healthy cooking class by Newberry County Literacy Council, grocery store tour and healthy cooking class hosted by Whole Foods Market, Foodshare produce box distribution by the Alpha Kappa Alpha Sorority, and a farm to school event at Windsor Elementary School. The two featured events during the week were the Child and Adult Care Food Program (CACFP) At-Risk Afterschool Program tour and a photovoice exhibit organized by parents.

The CACFP Tour highlighted enrichment and meals served in various afterschool programs around the state. Sardis Baptist Church, W.A.

## **In this Newsletter:**

[Second Annual End Child Hunger SC Week](#)

[Affiliated Scholars Highlighted](#)

[Smarter Lunchrooms Movement Principles & Practices Workshops](#)

[Columbia College PLACE Fellows completed the Building Capacity Through Community Organizing \(BCCO\) Certificate Program](#)

[Upcoming Events](#)

[Contact Details](#)

[Subscription Details](#)

## **Columbia College PLACE Fellows completed the Building Capacity Through Community Organizing (BCCO) Certificate Program**

**BCCO Certificate Program Overview:**  
The goal of the COPASCIities project is to work directly with communities to improve food systems to prevent childhood obesity by building connections, strengthening resources, and empowering communities to create change. One of the long-term objectives of this project is to increase the capacity of SC community leaders, faculty, and students to develop practice-based evidence for community-based childhood obesity prevention by developing and implementing a capacity-building program. Community capacity is often used as a euphemism referring to merely

Perry Middle School, Seven Oaks Elementary School, and Boys and Girls Club of Hilton Head Island. Featured guest along the tour included representatives from Select Health, City of Columbia Police Officers, Superintendent of Richland School District One, Superintendent of Lexington School District Four, and representatives from the United States Department of Agriculture Food and Nutrition Services Southeast Regional Office out of Atlanta, Georgia.

Twenty three pictures were taken by parents in the Midlands to showcase the struggle they face securing food for their family and resources that support them in that endeavor. The photovoice exhibit was held at Richland County Library Main. End Child Hunger SC intends to continue to show these photos at other locations to share the visual stories of families that participated in the exhibit. Please click the read more link below to view photovoice pictures.

[READ MORE](#)

## **Affiliated Scholars Highlighted**

[\(Back to Top\)](#)

### Most Recent Publications

Michael Beets, Glenn Weaver, Russ Pate, exercise science, Brie Turner-McGrievy, Ruth Saunders, health promotion, education and behavior, and Brent Hutto, Prevention Research Center, authored "Intervention leads to improvements in the nutrient profile of snacks served in afterschool programs: a group randomized controlled trial" in *Translational Behavioral Medicine*.

Heather Henderson, Stephanie Child, Spencer Moore and Andrew Kaczynski, health promotion, education and behavior, authored "The influence of neighborhood esthetics, safety, and social cohesion on perceived stress in disadvantaged communities" in the *American Journal of Community Psychology*.

Andrea Henderson, sociology, Yun-Hsuan Wu, Angela Liese, Alexander McLain, epidemiology and biostatistics, authored "Disparities in diabetes by education and race/ethnicity in the U.S., 1973-2012" in the *American Journal of Preventive Medicine*.

Lucy Annang Ingram, Christine Blake and Edward Frongillo, health promotion, education and behavior authored "Individual and structural environmental influences on utilization of iron and folic acid supplementation among pregnant women in Harare, Zimbabwe" in *Maternal and Child Nutrition*.

Sarah Rothenberg and Chuan Hong, environmental health sciences, and Jihong Liu, epidemiology and biostatistics, authored "Maternal methylmercury exposure through rice ingestion and offspring neurodevelopment: A prospective cohort study, *International Journal of Hygiene and Environmental Health*" in the *International Journal of Hygiene and Health*.

Susan Steck, Jiajia Zhang, Linda Hazlett and Anwar Merchant, epidemiology and biostatistics, authored "Mediterranean diet and mortality risk in metabolically healthy obese and metabolically unhealthy obese phenotypes" in the *International Journal of Obesity*.

Michael Beets, Glenn Weaver, exercise science, Brie Turner-McGrievy, Ruth Saunders, health promotion, education and behavior, Collin Webster, physical education, Muhammad Khan, health services

training. Through this program, capacity building is addressed on a systemic level by navigating a process to identify and build upon structures, systems, roles, resources, skills, and tools.<sup>1</sup> The participants' capacity is defined as the application of new skills, knowledge of their roles and confidence in using those new skills and knowledge to strategically manage and apply best practices to their campaign efforts to improve food systems for childhood obesity prevention.<sup>2</sup> Although best practices in obesity prevention have generally been defined as 'what' needs to be done, this program focuses on a multifaceted definition of best practices that acknowledges 'what' needs to be done and the process of 'how' it is done in the best interest of the respective communities.

The BCCO Certificate Program consists of six sessions that are conducted through interactive presentations, group and/or one-on-one activities, and discussions designed to address systemic capacity building of community groups to develop and successfully implement community organizing campaigns for policy, systems, and environmental changes to promote healthy eating.

## **Upcoming Events**

Smarter Lunchrooms Movement  
Principles & Practices Workshops  
December 9, 2016

Southeastern University Consortium  
Conference  
March 23-24, 2017  
Howard Baker Center for Public Policy,  
Knoxville TN

7th Annual Nutrition Symposium  
March 31, 2017  
University of South Carolina Alumni  
Center

## **Contact Details**

Center for Research in Nutrition & Health  
Disparities  
Arnold School of Public Health  
Discovery I  
915 Greene Street, 4th Floor  
Columbia, SC 29208

policy and management, authored "Compliance With the Healthy Eating Standards in YMCA After-School Programs" in the Journal of Nutrition Education and Behavior.

Delia West, Courtney Monroe, Karen Magradey, Sara Wilcox, exercise science, Brie Turner-McGrievy, Heather Brandt, health promotion, education and behavior, and Beth Sundstrom, technology center to promote healthy lifestyles, authored "A Technology-Mediated Behavioral Weight Gain Prevention Intervention for College Students: Controlled, Quasi-Experimental Study" in the Journal of Medical Internet Research.

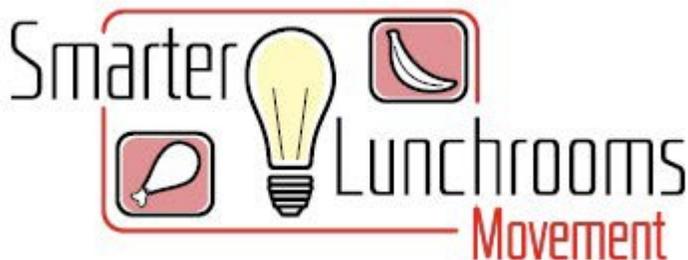
James Thrasher, health promotion, education, and behavior, and Farahnaz Islam, epidemiology and biostatistics, authored "Market share for flavour capsule cigarettes is quickly growing, especially in Latin America" in Tobacco Control.

James Hébert epidemiology and biostatistics, Swann Adams, nursing, Edward Frongillo and Brie Turner-McGrievy, health promotion, education and behavior, and Thomas Hurley, cancer prevention and control program, authored "Perspective: randomized controlled trials are not a panacea for diet-related research" in Advances in Nutrition.

### **Smarter Lunchrooms Movement Principles (Back to Top) & Practices Workshops**

---

Presented by former Manager of the Cornell University BEN Center  
Through the USC Center for Research in Nutrition and Health  
Disparities



It's not nutrition until students eat or drink it!  
A smartly run lunchroom nudges students toward making better choices on their own by changing the way the food choices are presented. Join us to discover low or no cost ways to promote the consumption of healthy school lunch options and reduce plate waste, using the evidence-based principles and practices of the Smarter Lunchrooms Movement. Don't miss this opportunity to become a part of the Smarter Lunchrooms Movement (SLM) in South Carolina!

**Who Should Attend:**  
School Child Nutrition Directors and Cafeteria Managers, Nutrition Specialists working with schools, Local Health Department staff working with schools & Supporting Agencies

**Workshop Description:**  
Smarter Lunchrooms Movement Principles and Practices Workshops provide a solid foundation in the theory of the Smarter Lunchrooms Movement (SLM) principles and practices. In this six hour introductory workshop, you will identify and diagnose school lunchroom challenges and develop a plan to implement one to three changes in the lunchroom. Participate in an interactive session on how to engage internal and external stakeholders, and learn about front-line training, implementation resources, and ways to measure

803-777-6363

[outingr@mailbox.sc.edu](mailto:outingr@mailbox.sc.edu)

<http://nutritioncenter.sph.sc.edu>

success.

Attendees will have the opportunity to network with agencies and professionals providing personalized technical support.

Cost of Workshop: Free!

This workshop is approved for 6 CEUs from SNA, AND and ACF

Workshop will be held in Columbia!

Registration, room, & building information to follow soon We look forward to seeing you at the workshops!

---

You are subscribed to Nutrition Center Newsletter. To unsubscribe, visit:

**<http://LISTSERV.SC.EDU/wa.cgi?SUBED1=NUTRNEWS&A=1>**

